

Welcome to the **SAPNA** Connect newsletter Winter 2021

Here we are already halfway through 2021! The SAPNA committee has been working hard putting together the final touches on the Great Expectations conference in September. We are so excited to bring you some inspiring speakers and once again have the opportunity of face to face networking within our profession. Our Saturday education sessions have been well received this year and we have been really pleased by the support and response from our members. This is your association and we encourage your feedback and suggestions on what you need from your membership. In this newsletter we are encouraging you to get involved in spreading the “SAPNA” word out to your colleagues. Perioperative nurses are highly skilled professionals and we have the opportunity to share knowledge and network together through this association.

In our next Newsletter we would love to fill this space with some photos of you and your work colleagues—The power of connections within our workplace. Send your digital photos to sapna@sapna.org.au Please remember to de identify any patient information from your photos!



Photos courtesy of Google.com

SAPNA Education sessions:

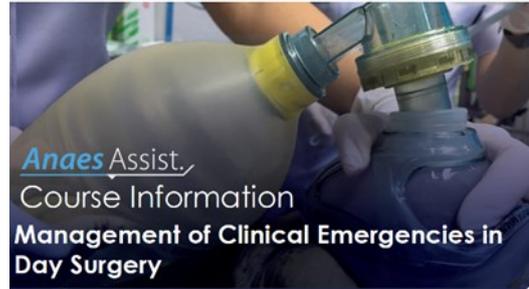
Our SAPNA education sessions have been well received this year it is always great to see everyone together again after a year of online sessions. Our April session hosted Associate Professor Linda Starr who talked about forensic documentation. This was followed by some amazing stories from nurses in our forensic system providing care to some of our most vulnerable. Don't miss our next session [Gynaecology/Obstetrics](#)

Gynaecology: Tuesday 22nd June 5—8.30pm. Venue: The Royal Adelaide Hospital Level 8 Lecture Theatre

7th August TBC

4th December TBC

Internet education: : HAS group <https://www.healthserviceassist.com.au/> upcoming courses below



Word finder:

ANAESTHETICS COLONOSCOPY DOCTOR ENDOSCOPY GAUZE GUEDEL
LARYNGOSCOPE MASK NURSE OXYGEN PPE PROPOFOL
PULSE RECOVERY RESPIRATION SALINE SCISSORS SUCTION
SUTURE SYRINGE THEATRE

S E E R K X S L Y K S A M M T
S C P Q U U U A R S A L I N E
P Y I P C G T R E N U R S E T
W W R T H F U Y V M W M K G G
T L I I E Z R N O A P E B U Y
X O R G N H E G C O A E E W P
N F Q C I G T O E G X D J E O
E O B J X S E S R Z E Y Z B C
O P S J M E R C E L U U G R S
R O G O S I V O V A A T O E O
S R F L N Q B P S G N T R T N
Z P U S T X H E Z S C A Y L O
Y P O C S O D N E O I T S A L
E R T A E H T Y D I F C U C O
R E S P I R A T I O N J S K C

SA State conference:
17th/18th September 2021
ADELAIDE OVAL. Early Bird
[Registration open now](#) .
Don't miss out!

GREAT EXPECTATIONS
POWER OF CONNECTIONS

SAPNA
SOUTH AUSTRALIAN
PERIOPERATIVE NURSES
ASSOCIATION INC



2021
STATE CONFERENCE
17-18 SEPTEMBER
ADELAIDE OVAL

COMPETITION CORNER!

Are you passionate about perioperative nursing and continuous learning?

Are you a SAPNA champion?

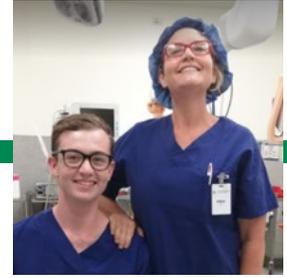
We are putting the call out for you to show us your inspiring SAPNA information boards at your workplace. The brighter the better! A SAPNA board within your workplace is a great way to let your colleagues know what SAPNA is about and what education activities are happening. Don't forget there is an annual prize for the person who gets the most referrals for new members.

So show us your boards. The winner will receive a SAPNA coffee travel mug and portable speaker.

Send your photos to sapna@sapna.org.au

Entries close..... September 1st 2021. Winner announced at the conference!





Introducing committee member and newsletter editor - *Nikki Rowlands!*

A warm hello to all the SAPNA members.

Well I certainly feel that I have been around for a long time!! My nursing career began in 1993 as an Enrolled Nurse at the RAH on the ENT ward. After travelling and nursing in the UK in 1995 I returned to the RAH and began my theatre career that would be the start of a life-long relationship!

I fell in love with anaesthetic nursing and worked in trauma (the old ESS theatres) and elective theatres. During these years I went to university and morphed into a Registered Nurse remaining in Anaesthetics. After having my first child in 2000 I moved to Flinders Medical Centre where I worked a number of years on night duty in anaesthetics before having my next child in 2004.

I stayed at FMC in various permanent/casual anaesthetic roles until 2012 when I decided to take up mental health nursing! However, the call of the anaesthetic gases was strong and I picked up shifts here and there on weekends to fill that need! From 2018 I permanently split my work between anaesthetics and mental health which I continue to do today!

I currently work at Tennyson Centre Day Hospital, Noarlunga Health Service in theatre and community mental health through FMC.

I am passionate about life- long education and have been fortunate enough to teach in the undergraduate nursing programs and Enrolled Nursing Diplomas, hoping to inspire the love of this profession to future nurses. I believe this is where SAPNA is such a resource for us all in educating and motivating us to be our best!

Anaesthetic nursing has brought me great joy over the years – I have made many life-long friends in both the medical and nursing fields and experienced situations that I never dreamed of. Nursing has given me the privilege of being with people at the beginning and end of their lives and is not just a job to me.

Recently one of my proudest moments was when my son decided that he too wanted to be a perioperative nurse and fell in love with the specialty. What more could any mother ask for? (Do I look proud??)

Looking forward to meeting you all at the SAPNA conference in September “Great Expectations Power of connections”

Be sure to visit the SAPNA website for more information at

<http://www.sapna.org.au>

Find and follow us on social media on the following platforms.



<https://www.facebook.com/sapna.org.au/>



<https://www.instagram.com/saperioperative/>

The Judith Berry Perioperative Nurse Excellence Award 2021

The Judith Berry Perioperative Nurse Excellence Award will be awarded to a perioperative nurse that has demonstrated one or more of the following, relating to the SAPNA tenets of Care, Vision and Excellence:

CARE

- contributed to the advancement of safe patient care; and/or
- contributed to the advancement of care of a colleague, or the profession.

VISION

- provided a vision for perioperative nursing in their hospital or unit; and/or
- undertaken research, or taken direct action that promotes the vision and image of perioperative nursing.

EXCELLENCE

- demonstrated excellence in perioperative practice (Clinical); and/or
- demonstrated excellence in perioperative practice (Management).

THE AWARD

The Award is a \$500 monetary prize to be used in furtherance of the winner's perioperative career, professional development, study or research including travel costs and personal expenses related to supporting these activities.

NOMINATIONS

The nomination form is overleaf, or can be downloaded from the SAPNA website www.sapna.org.au. You are invited to self-nominate, or nominate a worthy colleague. If nominating a perioperative nurse for this award, please ensure you have spoken to the nominee prior to submitting the nomination, and have gained their consent. The nominator must state in writing, in 500 to 1,000 words, details of how the nominated perioperative nurse has demonstrated excellence in perioperative nursing in relation to Care, Vision and Excellence and outline how the grant will be used. Attach your submission and provide supporting evidence (if required) to this nomination form. Nominations must be received by the SAPNA Secretary by 31st July each year. A confirmation of receipt email will be forwarded to both the nominator and nominee. Nominations will be judged by a SAPNA Awards Sub-Committee. The winner will be announced at the SAPNA State Conference or SAPNA Professional Development Retreat each year.

[Download a nomination form here](#)

Useful Websites

[ACORN](#) is our national body and provides great resources and education opportunities for perioperative nurses.

[Ausmed](#) offers a free online CPD service (courses and documentation) and this can be expanded to unlimited access with a subscription that is tax deductible. A great way to keep all of your documented CPD in one place in case you get audited.

[Ansell](#) has 10 courses accredited by ACORN, available online.

[Medline University](#) has unlimited access to over 200 free continuing education courses for healthcare professionals.



SAPNA: PO Box 323 Lyndoch SA 5351 **Website:** www.sapna.org.au

Membership Enquiries: sapnaconference@sapna.org.au

Conference and Exhibiting Enquiries: sapnaconference@sapna.org.au

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